

THE SCOOP ON MOUNTAIN CARAVAN

A favorite Upper school tradition since 1982, this year's Mountain Caravan will be taking place on Thursday, September 10 and Friday, Sept. 11 at Frontier Ranch outside of Buena Vista, CO. Mountain Caravan is all about getting acquainted with our new students and faculty, and deepening relationships with those who have returned in preparation for a year of partnership and camaraderie. We enjoy participating in a variety of activities—swimming, hiking, a ropes course, a 30 ft. high swing called “The Screamer,” basketball and volleyball tournaments, and chats by the fire, to name just a few—which encourage active participation and interaction. Frontier Ranch is a gorgeous and very comfortable mountain retreat that provides all meals, bedding, towels, and the specialized equipment needed for all our activities. The Upper School will leave for Frontier Ranch from school at 8:30 A.M. on Thursday and return to CSS around 3:15 P.M. on Friday. Some students have signed up for a hike on Friday that will have them returning later in the day. Some student have also signed up for a Mt bike option for Thursday.

Students need to bring a lunch on Thursday, Sept. 10. All other meals through lunch on Friday, Sept. 11 will be provided. We should be back in time for the bus on Friday. Students need to bring with them the items listed below:

- Warm clothing (the camp is located near 9,000 ft in elevation!)
- Swimsuit and sunscreen
- Toilet kit.
- Water bottle
- Sturdy shoes (sneakers or boots).
- A small duffel bag or daypack to carry these items.
- Athletic equipment (students will be instructed to see their coach if on a sports team)

This equipment should be brought to school on Thursday morning, September 10. Students may leave their bag on the east side of Louisa Performing Arts Center until we load the buses at 8:30 AM.

Students SHOULD NOT bring: a sleeping bag, towel, blankets, pillow, or big, loud electronic devices. Cell phones do get good reception at the camp.

A nurse will accompany the students and faculty. As is the case with all school trips, please send only the medication your child's doctor has written permission to administer. All medications will be administered by the nurse onsite unless previous arrangements have been made. Please contact Nurse Leigh (434-3520) with any medication questions or concerns.

For other questions, please feel free to contact Greg Johnson (x562 or gjohnson@css.org) at school. If you have an **emergency** need to contact your child during our Mountain Caravan stay please call the camp's emergency number: 719-395-4111.